

ALLERGY & ASTHMA CENTER, P.C.

Eastpointe at Marlboro
15 South Main Street
Marlboro, NJ 07746
Tel (732) 303-8787
Fax (732) 303-7870

Freehold Office
1001 West Main St., Suite A
Freehold, NJ 07728
Tel (732) 780-7807
Fax (732) 252-8428

Bethany Commons
1 Bethany Rd., Suite 11
Hazlet, NJ 07730
Tel (732) 739-8787
Fax (732) 739-8740

Michael B. Sherman, MD, FAAAAI, FAAAAI
Board Certified in Pediatric and Adult Allergy, Asthma, and Immunology

New Patient Instructions

1. Do not take any antihistamines (oral or nasal) within **3 days** of your appointment if possible, **6 days** for desloratadine (Clarinet) and levocetirizine (Xyzal). Otherwise, we cannot perform skin testing at the visit.
2. Please wear a short sleeve shirt for skin testing.
3. Download and complete all Patient Forms and email back to appointments.aac@gmail.com
4. Bring your
 - insurance card
 - Photo ID card – valid driver's license or other government-issued photo ID
 - referral if applicable
5. Please arrive **15 minutes** prior to your scheduled appointment time so that we can process your paperwork.

We look forward to your visit.